



# Sound Scouts™

Hear for your future.

**What you need to know about  
the Sound Scouts  
Hearing Screening Program  
(for older adults)**

**[soundscouts.com.au](https://soundscouts.com.au)**

**1300 424 122**

## What is Sound Scouts?

Sound Scouts is an clinically proven, TGA registered app, designed to check your hearing using a touchscreen device and headphones.



## Why should I check my hearing?

Unmanaged hearing loss can impact your quality of life as you struggle to hear what is being said and the sounds around you. It can also impact the people close to you and cause frustration for you and them. Hearing loss left unmanaged is linked to earlier onset of cognitive decline.

Checking your hearing and monitoring changes over time can help guide you in making timely decisions about your hearing health.

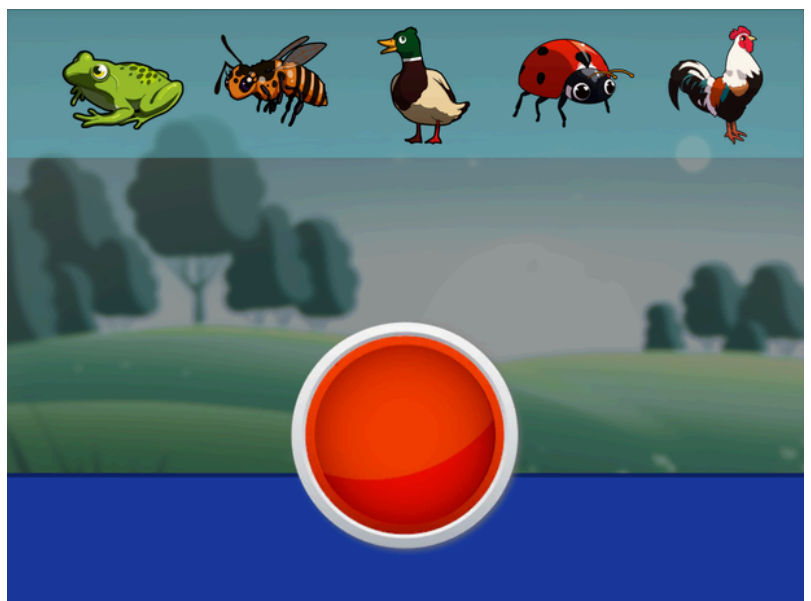
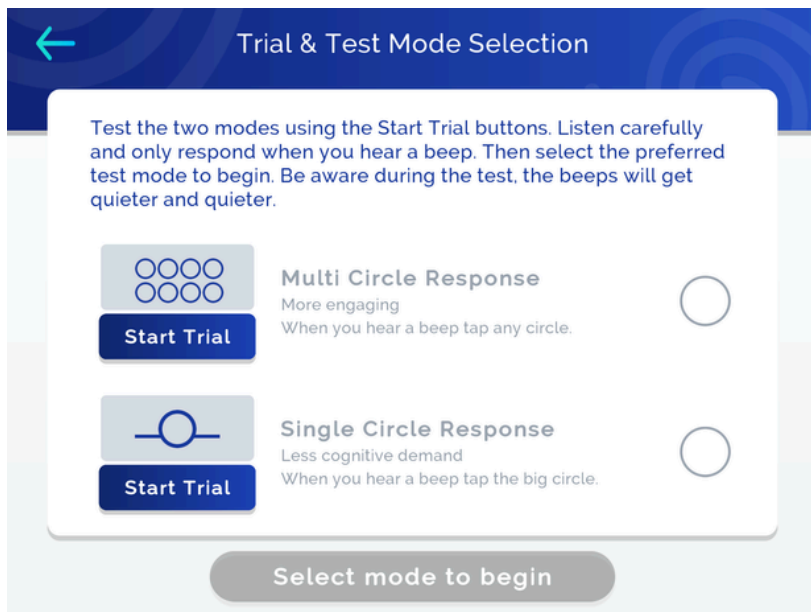
## What are some of the signs of hearing loss?

- Missing what people say and asking them to repeat themselves
- You've been told that the TV volume is up too loud
- You hear ringing or buzzing noises in your ears
- Struggling to hear in noisy places
- Someone has asked you to check your hearing

## What do I need to know when doing the Sound Scouts test?

Tap the circle when you hear a beep.

- Tap only ONCE each time you hear the tone (consisting of multiple beeps)
- Respond in a timely manner (but it is not a speed test)
- The sound will get quieter and quieter until it is hard to hear, this is normal. You should still tap even if you only think you hear a beep



## How will I know if I have a hearing loss?

At the end of the test, a Report is generated. The Report is an audiogram or hearing graph, with right ear thresholds shown as red circles and left ear thresholds shown as blue crosses. Levels greater than 20dB HL are typically considered outside normal range with the level of hearing loss indicated on the right-hand side of the graph.

On the device report, each ear result will indicate a PASS or REFER. A Hearing Number will also be included if the relevant frequencies are tested.

The Hearing Number is a number between 0-100, for each ear, that can help you track your hearing and how it changes over time. The higher the number the greater the hearing loss. For more information [hearingnumber.org](http://hearingnumber.org)

## What should I do if my results indicate a hearing loss?

If you receive a REFER result, this suggests a possible hearing loss. In this case it is recommended you speak with a caregiver and consider booking an appointment with a healthcare professional for further assessment.

